

CAPITAL CITY METHODIST



February 9, 2023

**Glorify God
By
Connecting People
With
Jesus Christ
Through
Spiritual Nourishment
And
Dynamic Outreach**



**FIRST UNITED METHODIST
CHURCH OF FRANKFORT**

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It's All About Discipleship

Dear First Friends,

If you ask me, the church is first and foremost about discipleship. It is about being followers of Jesus. Whatever we seek and whatever we do as a church ought to have some clear connection to Christian discipleship. Discipleship is what holds the pieces of church together—the personal pieces, the administrative pieces, and the relational pieces. Discipleship is what holds us together in our diversity of thought, interest, inclination, and commitment.

Lent is a season to examine and deepen our discipleship, to consider how we are growing in the love of God and the love of (all of) our neighbors. The word *lent* comes from the Old English word *lencten*, which means spring. It is a time of growth and new life. While Lent has an air of solemnity about it, it is in fact a season of new life and possibility.

We often hear of “giving up something for Lent.” Some of us follow through by giving up something we enjoy. A few years ago, I gave up dessert, and it actually worked.

However, whether you are or are not a “giver up-er,” the real question of Lent, if you ask me, is “What am I taking up?” What practice am I taking up that will deepen my relationship with God and with others? What practice in which I am already engaged am I willing to deepen?

Lent begins with Ash Wednesday, which falls on February 22 this year. FUMC will offer two opportunities for those who wish to receive the imposition of ashes on Ash Wednesday. From noon until 1:00pm, the Sanctuary will be open for folks to come and go at whatever time and for whatever length of time they please. There will be devotional materials for you to read, you may sit in quiet reflection and/or prayer, and I will be available for any who come forward for the imposition of ashes. At 6:00pm there will be a worship service with prayer, singing, scripture, a message, confession, and an opportunity to receive the imposition of ashes. I hope you will seek the spiritual benefit of participating in one of these opportunities, and that you will prayerfully consider inviting a friend.

On Sunday mornings during Lent, our theme will be *Encounters*. Each Sunday we will be taking a look at a scriptural encounter with Jesus. The gospel readings are as follows in case you want to read them ahead of time (you know you do!): Matthew 4:1-11 (the devil himself), John 3:1-17 (Nicodemus), John 4:5-42 (a woman at the well), John 9:1-41 (a man born blind), John 11:1-45 (Mary, Martha, and Lazarus), and Matthew 21:1-11 (a fired-up crowd).

Finally, I cannot begin to tell you how excited I am about our Lenten Sunday evening series *Engage!* This series will bring back a beloved old practice of eating together, along with brand new opportunities for all ages to grow spiritually. You will find more information in this edition of the *Capital City Methodist*. I hope you will be there!

Let's grow in Christian discipleship during Lent. Let's be of good courage as we seek to glorify God, follow Jesus, serve others, and welcome everyone.



Faithfully yours,
Pastor Tom

Worship Music on February 19 Written for Four Hands

On Sunday, February 19, we will have a first in our sanctuary. An organ duet will be played for the prelude, offertory and postlude by Dr. Wesley Roberts and our organist, Roy Nance. They are playing a suite for organ that is written for four hands. "Petite Suite" was written by Canadian composer and performer Denis Bedard.

Dr. Roberts is professor of music at Campbellsville University. He has concertized in the United States and Europe. He has also served as president of the Kentucky Music Educators. Dr. Roberts and Mr. Nance will be featured in a recital at Glasgow Baptist Church on March 12.

Triple L in February

Our senior adult group, Triple L (Living Longer and Loving It) meets on the third Thursdays of the month. Our next meeting is Thursday, February 16, at 11:30 for lunch (\$8) followed by a program from our church member, DJ Wasson, on our state's progress in Western Kentucky's tornado cleanup and Eastern Kentucky's flood cleanup. DJ serves as Chief of Staff and Legislative Liaison for the Kentucky Public Protection Cabinet. The March 16 gathering will include a program by our GAP (God Answers Prayer) ministry. Join us!

Widow and Widower Fellowship



Anna's Friends enjoy fellowship lunches every month with plans evolving for the spring. Our February outing is to the Kentucky Castle on Friday, February 17. Reservations are full for that outing, but you can get on the list in case of cancellations by calling the church office. Our March plans are for Friday, March 17, at Shelbyville's The Farm Kitchen

followed by a trip to Simpsonville Outlet Mall. Contact Judie Blake or Rev. Tonya Kenner to sign up!

Thank You!

Tonya and Carolers,

Your group surprised us with a wonderful visit! Bringing Christmas joy with music, gifts, goodies and fellowship (truly a Christmas blessing). You left after a circle of prayer, singing into the night to bring joy to another family.

Our heartfelt thanks to all, and may God bless each and every one.

*Paul and Betty Mcnees and
Lisa Friedly*

Note from the Day Care Staff

The staff of the Wesley Center Day School staff sent the church a thank-you note to all who contributed to the past holiday season's Christmas Bonus project. Through the generosity of many, each person on the staff received a \$125 bonus check a few weeks before Christmas. All 18 staff members signed the note, which expressed this message: "Thank you so much for remembering us at Christmas. You gift means so much to us and we appreciate it."

The church received thank you notes from the following:

The Kings Center
Simon House
ROSM

Think Summer!



Vacation Bible School's "Orchard of Abundance" is planned for June 23-25 with a kick-off Juniper Pool party on June 22. Watch for details for this fun learning option for three year olds to rising fifth graders.

Also, remember our church pays for half the

cost of any child or youth attending a camp at Aldersgate, located in Estill County, or Loucon, located in Leitchfield. You can see all the opportunities at aldersgatecamp.org and loucon.org. Let us know if your child or youth are going so we can connect you to others who might be going the same week. Our annual Camp Is Sweet Bake Sale to raise camper funds is scheduled for Sunday, April 16.

Cinderella's Closet — *by Amy Nance Snow*

Cinderella's Closet will be held March 8 - 11 at Memorial Baptist Church. Let me provide some updated information regarding the location of this program. In 2019, the dresses were moved to Memorial Baptist for storage. Our program did not occur in 2020. In 2021, the dresses were transported to FUMC for the event. In 2022, Memorial Baptist's elevator was not operational. As such, we were unable to move the dresses to FUMC. The event was held at Memorial. Set up and clean up for the program was super convenient. We simply rolled the dresses down the hallway and rolled them back for storage. We were also able to extend the program from a one day event, to a week-long event, allowing schools to participate as a single group rather than combining groups with other schools.

We have chosen to keep the program at Memorial Baptist this year. While our location is different, there are still many ways for FUMC members to be involved.

- Assist with set up/clean up
- Provide food/drinks for Cinderellas
- Provide food/drinks for volunteers
- Volunteer as a Fairy Godmother, (during the day, 9am - 4pm)
- Volunteer as a seamstress, (for Franklin County students only)
- Donate black, silver, or gold dress shoes. All sizes are needed.
- Volunteer to pray for our Cinderellas

Leitha Harris is the lead coordinator of the event. Please email her if you would like to volunteer, CentralKYCinderellascloset@gmail.com. Any additional questions, please contact Amy Snow at 545-1065.



Repairing the Altar Rail

DOUG DOERTING is one of many unsung servants in our great church. Retired from state government, Doug spends a lot of time doing odd jobs at the church. In this picture he is repairing the 165 year old altar rail in the sanctuary. In the mid 80s during the pastorate of David Hilton, the center section of the altar was cut so that bridal parties could step up from the church floor for better visibility. Also with the opening it was possible for the pastor to have more space and move out easily to the congregation.

In recent years the rail has been moved in and out many times. This movement has taken a toll on the stability of the rail. Doug has glued and clamped pieces that broke to help make it stronger. Additionally he put a coat of finish on the communion rack.

With the cut in the railing two more posts had to be made to stabilize the rail. Charlie Clark, who did so much of the renovation of our church property in the 80s and 90s built the two posts closest to the center to match the 165 year old posts at the end. Phillip Gordon finished them to match the end posts. We are blest by the craftsmanship of all these individuals.

Other projects Doug has done for the church include replacing the lock on the front door of the sanctuary and building the four sided announcement board for the Wesley Center.

New Medical Equipment Library

Our InReach Team, focused on congregational care, is ready to take donations or loans of medical equipment to be loaned out to church members for temporary needs. Items could be walkers, rollers, wheel chairs, shower chairs, bedside commode chairs, etc. Items will be stored in the Averill House and signed up with an insurance waiver to those who need it. We already have some equipment on hand so call the church office or Rev. Tonya Kenner if you have a current need. Also, contact Rev. Kenner or the church office if you have equipment to drop off.

GAP Ministry Opportunities – Can You Help?

Listening to the stories of men and women who live with food and housing insecurity, I'm astonished at their cheerful resilience. Years of bad luck and bad decisions, have brought these individuals to a low point in their lives. They "couch surf" between relatives and friends. They live in tents - yes, even in winter. Some have housing vouchers, but no income for food and necessities. They get help wherever they can find it, but services for the indigent are modest and there

Your church is engaged in filling a few of these gaps.

Since the start of the God Answers Prayers Through Compassionate People (GAP) Ministry, our church has offered assistance and comfort to our local homeless community. Mostly, the help takes the form of Kroger cards that can be used for food and necessities as well as gas, and it's the kind of help keeps "body and soul together."

Perhaps more importantly, the GAP team provides a caring place to be heard. They share their stories and receive unconditional love.

They are used to "using up" their welcome. Communities harden their hearts when former drug abusers backslide, or when the homeless present themselves too often to our local hospital hoping for a warm place and a hot meal. They often struggle with mental health issues that are unnerving. Their backgrounds can include jail time or the incarceration of those they love. It's common for destitute individuals to be taken advantage of by others in a similar situation. Their meager goods are stolen outright or commandeered by others. It's easy to grow weary of their worldly troubles. Yet, they continue to survive on the margins of our community and they continue to need God's blessing and our help.

The GAP Ministry tries hard not to compete with other services. Our resources are limited, and we are choosing deliberately to fill gaps in the needs of the homeless. Here's how you can help:

- **Donate Kroger Cards.** Any donation amount is welcome, but no card should exceed \$30. They can be mailed to the church or included in the offering baskets. These donations should only be made in addition to your support for the church and its many other ministries.
- **Donate Supplies.** The GAP Ministry is establishing a bank for critical supplies. These are items that are intended to help someone get through a rough patch. It's envisioned that after the GAP team meets with them, they will be offered an opportunity to browse the "bank." For a list of those items we're hoping to stock, please contact Abbie at Meyer.Abbie@outlook.com or text/call her at (502) 696-4244.
- **Pray.** The individuals that are being helped by the GAP Ministry need your prayers. Their circumstances are complicated. They struggle with health problems and access to care; they struggle with relationships. They need more than a warm place to sleep. They need the comfort only God can give. Please include them (and the GAP team) in your prayers.

KSU Wesley Foundation

The Wesley Foundation at KSU continues to reach students. After Thanksgiving, we partnered with the other campus ministry to have a Jesus week. During that week we had a mental health day, an artist expression night, a revival service, and a baptism service. At the end of the week 11 students were baptized. We prayed over another 40 students that were struggling with anxiety and depression. God moved in a great way! In addition, we added new people to our ministry.

This academic year we have had over 100 different people come to our ministry. In addition to the reach of our ministry, God is bringing transformation to lives. Many of the students are working through past trauma and finding healing. As they overcome the past, they are working toward their future as Christian leaders. Our student leadership team is filled with students who completed our 1 year Leadership Academy, moved on to Leadership Academy 2.0 and are now leading ministry areas and discipling other students.

Thank you for our support. God is multiplying the investment you are making in this ministry.



LENTEN CALENDAR

Wednesday, February 22—Ash Wednesday

- 12-1 pm Come and Go Ash Wednesday Service with imposition of ashes
- 6:00 pm Ash Wednesday Worship with imposition of Ashes

Sunday, February 26—First Sunday of Lent

- 9 & 11 am Worship
 - Scripture: Matthew 4:1-11
 - Sermon: The Devil Himself
- 5:00 Supper, Asbury Hall
- 5:45 Small Groups

Sunday, March 5—Second Sunday of Lent

- 9 & 11 am Worship
 - Scripture: John 3:1-7
 - Sermon: Nicodemus
- 5:00 Supper
- 5:45 Small Groups

Sunday, March 12—Third Sunday of Lent

- 9 & 11 am Worship
 - Scripture: John 4:5-42
 - Sermon: A Women at the Well
- 5:00 Supper
- 5:45 Small Groups

Sunday, March 19—Fourth Sunday of Lent

- 9 & 11 am Worship
 - Scripture: John 9:1-41
 - Sermon: A Man Born Blind
- 5:00 Supper
- 5:45 Small Groups

Sunday, March 26—Fifth Sunday of Lent

- 9 & 11 am Worship
 - Scripture: John 11:1-45
 - Sermon: Mary, Martha and Lazarus
- 5:00 Supper
- 5:45 Small Groups

Sunday, April 2—Palm Sunday

- 9 & 11 Worship
 - Scripture: Matthew 21:1-11
 - Sermon: A Fired-up Crowd

Watch upcoming bulletins, emails and newsletters for details on Holy Week and Easter.



Who: You, of course! And invite a friend!

What: An opportunity to *ENGAGE* with one another as a church community, *ENGAGE* more deeply with God, and *ENGAGE* with scripture and basic spiritual practices.

When & where: Sunday Evenings, February 26-April 2
5:00-5:45pm Supper, Asbury Hall
5:45-7:00pm Small Group Options:

Children: “The Walk” by Adam Hamilton with Rev. Tonya Kenner and Audrey Gilbert, Susannah Room

Youth: First Spark Youth with Greg & Missy Hardison in the Lighthouse

Adults (choose one):

- ***On Walking with Jesus*** with Revs. Jack Brewer and Richard Smith, Sanctuary, Key scenarios in the life of Jesus will offer us the opportunity to learn more about Jesus and what he expects of us.
- ***A Disciple’s Path*** with Rev. Tom Corum in Asbury Hall
Take the next step in discipleship to become a more dynamic, engaged follower of Jesus Christ. Participate in time-tested spiritual disciplines, discover your unique gifts, and become engaged in ministry that brings transformation in your own life, the lives of others, and the world.
The course includes a workbook with daily (5 per week) readings.

Why: Because we need God and one another.
Because we’re hungry for physical and spiritual food.
Because we can!

Hope to see you there!



We Have an Issue That Impacts Us All and We Need Your Help.



Being a “downtown” church, parking has always been an issue...and always will be. It wasn’t an issue when the church was built back in the late 1700s, but in the 21st century, it is. In 2005, when we as a congregation decided we needed a new facility, we overwhelmingly decided to remain downtown and build our new Wesley Center....knowing that our parking issues would not improve.

As all of us get a bit older, access becomes an issue for many. At the request of the church district, we recently completed an ADA audit. This is done every 3 years or so and, not to our surprise, handicapped parking was identified as an area of concern. (It always is...)

What we are asking of all FUMC members is this: if you are physically able to park somewhere else other than on the 200 block of Washington Street, (where the church is located), please do so. We want to make all the parking spots in the 200 block of Washington available to those who have difficulty walking, or similar physical limitations, thus making it easier for them to come to church and participate in worship. We have been hearing from several members who really want to come back to church, but don't because they have a hard time getting around and are having to park a block or more away.

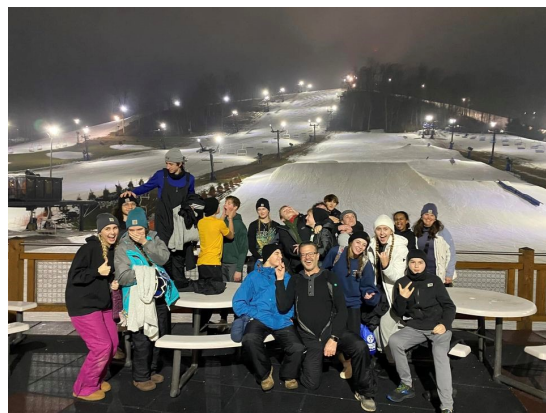
Let’s do what we can to help out those in our church family who need our help, while at the same time getting ourselves a *little bit* of exercise to KEEP us healthy.

This is not a requirement and there is no sign-up sheet. No one will be excommunicated if you happen to park on the block; but again, let’s do our best to treat others the way we would like them to treat us. We will be putting this information in the newsletter and the bulletin for the next several weeks as a reminder to us all. Thank you!

What’s Happening with our Youth (First Spark)



This Sunday, February 12, is the Annual First Spark Youth Super Bowl Party in the Lighthouse. Kickoff starts at 4:30 pm. Bring your favorite appetizer/tailgating foods to share.



Recent trip to Perfect North

FIRST UNITED METHODIST CHURCH



211 Washington Street

Frankfort, KY 40601

502-227-7430

www.fumcfrankfort.org

Rev. Tom Corum

- *Pastor*

Tonya Kenner

- *Minister of Christian Education*

Amber Logan

- *Wesley Center School Director*

Josh Golden

- *Director of Music and Worship*

Chris Powell

- *Director of Contemporary Worship*

Roy Nance

- *Organist*

Greg & Melissa Hardison

- *Youth Directors*

Jessica Tillett

- *Administrative Assistant*

Diana Gregory

- *Newsletter Editor*

Weather Cancellations

It is always hard to decide what to cancel and what to meet but generally the church office as well as church events and activities will be canceled when Franklin County Schools are closed due to weather. Our Sunday worship plans are to be open despite weather but we encourage each person to make the best decision for your safety and circumstances. Watch for emails and Facebook alerts for changes in plans or feel free to contact the staff person or church member in charge of the meeting or event.

It's Time to Apply for About College Scholarships!

FUMC Frankfort has several scholarships available for both new and returning college students within our church family. Awards range from \$500 to \$1500. More information can be found on the church's website or by calling the church office. The application deadline for all scholarships is February 15th."



Retro Game Night

Join us for some Sunday night fun as we celebrate "Retro Game Show Night" and honor our special guests, the students and parents of the Wesley Academy of Music. Relive shows like "Kids Say the Darndest Things", the "Newlywed Game", and "Family Feud" as we raise money and awareness for this special mission.

A potluck dinner will be served at 5 pm in Asbury Hall. The meat will be provided with FUMC members being asked to provide side dishes. The students of the Wesley Academy will provide desserts.