

November 11, 2023





FIRST UNITED METHODIST CHURCH OF FRANKFORT

211 Washington Street Frankfort, KY 40601 Office Hours: 8:30—3:00 M-T www.fumcfrankfort.org Twitter: @fumcfrankfort Facebook: www facebook.com/ fumc.frankfort

CAPITAL CITY METHODIST

Dear First Friends,

As this issue of the *Capital City Methodist* reaches your inbox or mailbox, Thanksgiving will be swiftly approaching. For those of us who work in church ministry, our minds have been thinking ahead to Advent and Christmas and beyond.

All of that is to say, I don't want to pass by the importance of gratitude and giving thanks too quickly. Nor do I want to fail to express how grateful I am for all of you and for the vital ministry we share. May the gratitude that bubbles up in us this time of year lead all of us to greater generosity and



more active and intentional love of God and all of our human neighbors.

I am filled with expectation as Advent nears. I am especially excited to be offering a study of Will Willimon's *Heaven and Earth* during Advent. (Actually, since Advent starts late this year and bumps right up against Christmas day, we will begin the study the week before Advent.)

As you will see elsewhere both here and by way of other FUMC communications, there will be both an in-person option on Sunday afternoons and a Zoom option on Tuesday evenings. Everyone is encouraged to participate in whichever option works best for them, but I am especially hopeful that those of you who are participating in church primarily online these days will take advantage of the Zoom option. I would love to have the opportunity to connect with you. If Zoom is new and/or scary to you, don't let that stop you. Just let us know and we'll help you figure it out. It's very important to me that more folks have the opportunity to connect with church online.

Our theme for Advent and Christmas this year will be *Come and See*. I encourage you to join in worship in person or online each Sunday beginning December 3 as we "come and see" Absence, Comfort, Good News, and Faith.

I also hope you will "come and see" our Healing Hearts Worship Service on December 3 at 4:00pm, Christmas Caroling on December 10 at 4:00pm, Handel's *Messiah* on December 17 at 5:00pm, and our Christmas Eve services on December 24 at 4:00pm and 7:00pm.

This is the perfect time of year to invite a friend to be a part of our ministry online or in person. There are plenty of folks with a spiritual yearning who haven't yet connected with a loving, inclusive, service-oriented church. You can help offer that to them.

You are in my prayers as together we endeavor to glorify God, follow Jesus, serve others, and welcome everyone.

Faithfully yours, *Pastor Tom*

Advent Study Offered by Pastor Tom Corum

In the Advent season, heaven seems so close as we remember that a tiny baby in a manger is God in human form coming to show us the Way. God's choice of incarnation allows us to reflect on the mystery that Christ is the full revelation of God instead of being one who talks about God or one who speaks for or acts as God. In *Heaven and Earth*, beloved pastor and scholar Will Willimon explores the idea of Jesus as both fully human and fully divine this Christmas. Pastor Tom will lead this 4-week study. Choose from two options:

> In Person Sundays November 26 and December 3, 10, and 17 2:00-3:00pm. Wesley Center On Zoom Tuesdays November 28 and December 5, 12, and 19 7:00-8:00pm.

Sign up on Sunday mornings or in the church office. The study book is \$14.

FUMC Library

FUMC has our own church library with a variety of titles. Several members of the UWF Readers Group reorganized the books on the shelves into categories to make it easier for all church members to use this free resource. Books are on labeled shelves according to categories, such as Biographies, Fiction, Bible Studies, Self-Help, Notable Authors. The check-out process is easy. Choose a book. On each bookshelf will be a library pocket with colored bookmarks in the pocket. Take a bookmark for your book's category and stick it in your book. This bookmark will help you when it's time to return your book. Example: You choose a book about John Wesley. Take a bookmark from the John Wesley pocket. When you return the book, use that colored bookmark to help you remember on which shelf your book belongs so you can reshelve it. Reshelve the book and return the bookmark for others to use.

The library is in the Todd House on the first floor next to the office. Office hours are Monday- Thursday from 9:00-3:00, Sundays during Sunday School, 10:00-10:45. Cooler weather will keep us inside. What better way to spend a cold rainy day than with a good book?



Picture from Anna's Friends trip to the Glitz in November

Anna's Friends and Triple L In December

Our widow and widower support group will travel to Shaker Village for lunch on Saturday, December 9, at 11:30. We meet at Walgreen's west. Please contact Judie Blake or Rev. Tonya to sign up. Bring \$5 for the gas and your lunch money.

Our Living Longer and Loving It senior adult group will see A Christmas Carol: The Musical at Derby Dinner Playhouse on Wednesday, December 20. Meet at Walgren's west parking lot at 11:00 to attend this lunch matinee. Cost is \$34 payable to the church and bring \$10 cash for the bus trip. Contact the church office or Rev. Tonya to sign up.



The Children's Choir will sing at both services on December 17. They are meeting each Sunday until then from 4-5:30 p.m. for choir, crafts and gym. Parents meet in Room 119 for coffee, cake and conversation. Please note on December 10 they will meet at 3 p.m. so they can go caroling.



Our condolences to the family of Shirley Lewis, who passed away on October 27. You may send expressions of sympathy to her son, Junior Lewis, Holly Brunson, granddaughter and grandsons, Michael Lewis and Corey Lewis. Her great grandchildren are Eli and Sarah Brunson.

We express our sympathy to Glenda Lynn on the death of her husband, Gary, on November 15.

Good Things Are Happening at The Wesley!

On November 9, the Kentucky State University Wesley Foundation (aka *The Wesley*) held a fundraiser at our church. An enthusiastic crew of volunteers prepared smoked pulled pork, baked beans and coleslaw for people who traveled from a wide region of Kentucky to support this campus ministry.

The food was delicious, but it was the program that dazzled the audience! As we ate, students balanced their own plates and joined different tables. Omari told us that he was good at math, but his passion was music; he proved that at the end of the night when he joined other students in amazing songs. Beautiful McKensie was soft spoken and shared her dreams. Layla is a senior with a sweet voice and ready for a career in Louisville teaching secondary education. Joseph and Jacob were charming and focused on their futures. One passionate, beautiful student shared her excitement over journalism, and maybe politics someday; she was considering a law degree to round out her skills. Their youth and enthusiasm for the future was breathtaking, as was the depth of their commitment to their faith. They lifted their voices in inspirational songs of faith, with a clear message of gratitude that God has never given up on them.

Several students shared their testimonies and how important The Wesley is to their spiritual health. The ministry offers a safe space, a source for spiritual nourishment and growth, and opportunities for leadership. With the split between the United Methodist Church and the Global Methodist Church, The Wesley will lose nearly \$40,000 in funding next year. The fundraiser at our church was a good start, but if you have a heart for this on-campus ministry, they would welcome your donations. Need more information? Check with Ron Alvis or Steve Criswell.





Please Help Bridge the GAP

Please remember that we have an opportunity to help GAP (God Answers Prayers Through Compassionate People) in a simple way: by donating one or more \$20 Kroger gift cards. GAP volunteers distribute the cards to people in need so they may buy either groceries or gas — and bridge the gap between what they need and the assistance they receive from other sources.

Please donate \$20 Kroger gift cards in one of these ways:

- Give them to Jana Sturm, Abbie Meyer, Fran Salyers or any other member of the Upper Room Class.
- Drop them in the offering plate (no envelope or note required).
- Deliver them to the church office.
- Mail them to Upper Room Class, 2030 Berry Hill Dr., Frankfort, KY 40601.

If you can't make it to Kroger but want to donate Kroger gift cards, please send your check payable to Upper Room Class. We'll get the cards for you.



God is Answering Prayers at the GAP!

At cold weather creeps into Kentucky, the God Answers Prayer Through Compassionate People ministry (The GAP) is responding to the needs of more of our homeless neighbors than ever before. In the last month, the number of individuals we regularly serve has grown to fifty.

News from around Frankfort is troubling. The Soup Kitchen is seeing increased traffic; the Food Pantry is receiving more requests for assistance. The low-income apartments on Reilly Road have been bought by the Buffalo Trace Distillery and leases are no longer being renewed. And winter is coming.

Despite these worries, our homeless friends continue to express optimism as they share their stories. Each story is unique, but each individual is working toward a brighter future. They live their faith and genuinely take one day at a time.

Ongoing Needs. With an increase in our homeless ministry, our essential supply room has been depleted. The GAP team thanks those who hand-knit hats and scarves, and for the generous donation of flashlights. We need a host of items to help our neighbors make it through the cold months and every gift helps.

- Small Flashlights
- Chap Stick
- Shampoo
- Toilet paper & single pack tissues
- Small bottles of pain & allergy OTC medications
- Toothbrushes, toothbrush covers & toothpaste
- Bath powder & antifungal cream
- Nail clippers/files
- Shaving cream/razors
- Pens/pads of paper
- Dog Food
- Gloves/hats/scarves
- Single serve food items for our Brown Bag ministry



MENTOR EXPECTATIONS

- Spend one hour with your mentee each week for at least one year
- Communicate weekly with your mentee's caregiver
- Communicate monthly with your mentor match specialist
- Attend at least one Amachi event per year

MAKE AN IMPACT... BECOME A MENTOR

THE WANDA JOYCE ROBINSON FOUNDATION IS SEEKING MENTORS.

The mission of the Wanda Joyce Robinson Foundation is to create and invest in relationships that strengthen the lives of children, youth and families impacted by incarceration.

Our kids need mentors! We are seeking mentors to participate in Amachi, a national mentoring program.

Mentors influences the personal and professional growth of a mentee. Mentors are...

- a positive role model
- a trusted adult friend
- · a nurturer of possibilities



LEARN MORE 🖌

mentor@wjrfoundation.org www.wjrfoundation.org TO MENTOR IS TO TOUCH A LIFE FOREVER.



Helpers needed at the Farm Bureau Pavilion at Lakeview Park

Thursday November 30th from 4-6 pm

- Decorate Christmas tree
- Set up tables and chairs
- Climb ladder to hang quilts
- Set up Santa's station

Saturday December 2nd from noon -6:00pm

- Continue set up from Thursday (above)
- Receive tables from FCHS band boosters after the Craft Bazaar.

Sunday December 3rd start at 1:30

- Safety workers along the race route to direct the runners and walkers
- Cheer runners and walkers
- Clean up after the race

Please contact Mary Ann Burch 502-418-8915 maburch1947@gmail.com

Baking for the Heart!

On December 3, the Frosty 5K will be held at Lake View Park to benefit our Honduras Mission. As runners reach the Finish Line, we're planning to sell baked snacks in \$1.00 single serve quantities to raise money to buy an AED (Automatic Defibrillator Device). An AED is used to help those experiencing a change in the electrical activity of the heart! Most commonly due to a heart attack but also from any change in the oxygen level inside the body. AEDs are now being made to be used by 8th graders with no CPR knowledge and with many language settings.



Sabrina James is spearheading the drive and has a \$600 matching donation if we can raise the remainder. The goal is to raise enough money to buy and leave two AEDs there

wo AEDs there

with the expectation that she will keep community members trained in its use and how to do CPR to keep the brain alive till the AED can get there to restart the heart.



If you can make cookies, muffins or another hand-held snack, or want to donate prepackaged snacks, fruit or drinks, please let Abbie Meyer know

(<u>Meyer.Abbie@outlook.com</u>). We'd love to have volunteers from our church help sell goods at the Frosty 5K on December 3rd, too! The race starts at 1:40 but any time you could help with set up around 1:00 till 4:00 would be wonderful! Dressing in your "FESTIVE FUN" Christmas attire is optional but encouraged!!!

If possible, please have all donations for this bake sale to church by **10:15 on Sunday, December 3,** so that Sabrina can take them to the race! Blessings and love to you for your support!

December Birthdays

- 2 Charles Robb
- 3 Fred Deaton Verlin Dosset Sally Knight Charles Smith
- 4 Tom Corum Mitzi Gray Arba Kenner Susan Lawson
- 5 Patrick Compton Jennifer Mauer Tyler Warman
- 7 Ramona Newman
- 8 Abbie Meyer Lana Pewitt Al Wink
- 9 Michael Burgess
- 11 Libby Kays Benjy Kinman Kelsey Wilhoite
- 12 David Hughes Howard Keeter Erin Spoonamore Brad Thomas Lewis Wilkerson

- 13 Cindy Lewis
- 15 Canyon Thomas Drew Willlis
- 16 Susan Coblin Jerrie Bradshaw Quentin Kenner Jenny Mitchell Zachary Smith
- 17 Charles Hungate, Jr. Kristy Tolson
- 18 Sam Simpson Tori Suter
- 20 Tammy Bailey Steven Meyer Betty Isaac Smith
- 21 Jacqueline DeMeers Helen Harris
- 22 Maggie Nemeth Jim Surbeck
- 23 Sara Barbour Ann Brown Debbie DeMeers Ronnie Nolan Tommy Robb Pam Wink

- 25 Bella Hardison
- 26 Jill Burton
- 27 Don Hughes, Jr. Grant Hughes Elsie Townsend
- 28 Diana Honaker Courtney Woodyard Prince Katherine Beward
- 29 Charles Hungate, Sr. Betty Sublett
- 30 Corey Lewis David Padgett
- 31 Keira Logan Roger Strunk





Methodist Men

United Methodist Men will gather for their Christmas season meeting Monday, December 4, in Asbury Hall.

The meal, which begins at 6 p.m., will be prepared by Rev. Tonya Kenner and will be followed by a program from our youth leader, Cameron Kenner. It will be his first time speaking to UMM.

There just may be some Christmas music before the evening is over as well.



December 3—First Sunday in Advent

- 9:00 am Good News at Nine 10:00 am Sunday School 11:00 am Worship Frosty 5 K at Lakeview Park 2:00 pm 2:00 pm Heaven and Earth Advent Study, led by Rev. Tom Corum, Wesley Center 4:00 pm Children's Choir Rehearsal, Choir Room 4:00 pm Healing Hearts Service, Sanctuary All who are experiencing grief this holiday season are invited to join in the sanctuary at 4:00 for a reflective worship service with Rev. Richard Smith offering a devotional. Rev. Jack Brew
 - er, Pastor Tom and Rev. Tonya will also be there along with Roy Nance providing music.
- 4:00 pm Confirmation Class
- 5:00 pm First Spark

December 10—Second Sunday in Advent

- 9:00 am Good News at Nine
- 10:00 am Sunday School
- 11:00 am Worship
- 2:00 pm Heaven and Earth Advent Study, led by Rev. Tom Corum, Wesley Center
- 3:00 pm Children's Choir Rehearsal, Choir Room
- 4:00 pm Go Forth! Christmas Caroling

All ages are invited to meet in Asbury Hall at 4:00 as we divide into groups to carol to some of our home-bound members. We will return to the church for hot chocolate and snacks.

December 17—Third Sunday in Advent

- 9:00 am Good News at Nine—Children's Choir Singing
- 10:00 am Sunday School
- 11:00 am Worship—Children's Choir Singing
- 2:00 pm Heaven and Earth Advent Study, led by Rev. Tom Corum, Wesley Center
- 5:00 pm Handel's Messiah

Our Chancel Choir along with an orchestra will offer this gift of music in our sanctuary at 5:00. Celebrate this great work of art as a way to experience Advent. Child care is offered.

December 24—Christmas Eve

- 10:00 am Combined Worship Service, Sanctuary
- 4:00 pm Christmas Eve Service, Asbury Hall
 - This service will be geared especially for children and families with leadership from some of our children and youth.
- 7:00 pm Candlelight Christmas Eve Service, Sanctuary This service includes Holy Communion and more traditional worship elements.

December 31—New Year's Eve

10:00 am Combined Worship Service, Asbury Hall

You are invited to bring brunch foods to share as we celebrate and worship the newborn king.

REMEMBER OUR ELDERLY AND SHUT-INS

Nancy Atcher	18 Ashmore Dr.
Martha Bowers	The Morning Pointe, 68 C Michael Davenport Blvd., Room 110
Robert & Patty Capito	Ashwood Place, 102 Leonardwood Dr., Apt 147
Bill Corum	The Dominion, 122 Leonardwood Dr., Room 162
Ani Gannone	7205 US Hwy 127N
Mike Gill	Ashwood Place, 102 Leonardwood Dr., Apt. 237
Joan Goins	The Dominion, 122 Leonardwood Dr., Room 155
Betty Gray	303 Strathmore Drive
Polly Green	The Dominion, 122 Leonardwood Dr., Room162
Phyllis Hail	The Masonic Home, 711 Frankfort Rd., Shelbyville 40035
Elwood Harris	223 Country Lane
Charles Hungate, Jr/ Sr	125 Lindenwood Lane
Leanna Kinman	The Dominion, 122 Leonardwood Dr. Room241
Joyce Nally	Country Place, 700 Mason Headley Rd, Room 310, Lexington, KY 40504
Bill Kendall	The Morning Pointe, 233 Ruccio Dr., Room 509, Lexington, 40503
Carol Marshall	The Morning Pointe, 68 C. Michael Davenport Blvd., Room 138
Paul & Betty McNees	114 Nicklaus Drive
Wanda Meeks	1010 Arapaho Trail
Shirley Middleton	4 Tanner Court
Ramona Newman	129 Nicklaus Dr.
Ramona Ramey	111 Tulip Dr.
Ron Sheets	The Morning Pointe, 233 Ruccio Way, Lexington, KY 40503
Molly Sigmon	The Morning Pointe, 68 C. Michael Davenport Blvd.
Betty Isaac Smith	The Morning Pointe, 68 C. Michael Davenport Blvd. Room 139
Betty Sublett	The Dominion, 122 Leonardwood Dr., Room 233
Charles Wade	The Dominion, 122 Leonardwood Dr., Room 152, Frankfort
Jan Wahrer	The Dominion, 122 Leonardwood Dr.
Charlyne Whitcomb	434 Nootka, Frankfort
Iris Winkler	Ashwood Place, 102 Leonardwood Dr., Room 140





Our November church-wide gathering plans include a soup and sandwich potluck on Sunday, November 26, at 5:00 in Asbury Hall. After our meal, there will be activities and crafts related to Advent. All ages are invited to join the fun.

In December, we will not meet on the fourth Sunday but will be Going Forth through a caroling party on Sunday, December 10, at 4:00. Meet at the church to travel by buses and cars to our shut-in members. We will return to the church for snacks and hot chocolate.

Get to Know Confirmation Student Graham MacDonald

Graham is a 7th grade student at Bondurant Middle School. His favorite subject is Math. He is involved in Archery and Beta Club and is an FFA officer. He enjoys hanging out with friends and family and playing piano. His favorite songs are newer pop songs and his favorite movie is *Gran Turismo*. His favorite food is popcorn and his favorite color is blue.

Graham is the son of Patricia MacDonald and Jonathan MacDonald and the grandson of Mary Pat Dobbins. He also has furry siblings Margo the dog and Winnie the cat. His favorite thing about First United Methodist Church is how involved everyone is.

